

Session 2020-21

Life Skills

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY, BATHINDA

Turn Into Safe Healthcare: Webinar on Stress Management Tips

Date: 10-07-2020

Time: 11:00 am

Resource Person: Dr. Tanu Preet Kaur

Event Coordinator: Dr Nimisha, Assistant Professor, BFCET

**BABA FARID COLLEGE
OF ENGINEERING & TECHNOLOGY**
Muktsar Road, Bathinda, Punjab (India)

Women Development Cell
Organizes

WEBINAR
on

STRESS MANAGEMENT TIPS

Moderator



Dr. Nimisha Singh
Assistant Professor
Department of CSE

Join Webinar on
Microsoft Teams

PANELIST



Dr. Tanupreet Kaur
Consultant Psychiatrist
Khurana Hospital, Bathinda

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Bathinda, Punjab (India)

#StayHome #StaySafe

Webinar on Stress Management Tips held on 10-07-2020

EMOTIONAL INTELLIGENCE IS A CHALLENGE OR OPPORTUNITY FOR WOMEN EMPOWERMENT

Date of the Event:- 15th July 2020

Event Coordinator:- Dr Nimisha Singh, BFCET

Title of the Event: 21st Century: Emotional intelligence is a challenge or opportunity for women empowerment

Mode of Conduct: Microsoft Teams

Name of the Expert with Designation: Mrs Akansha Saxena, a counsellor, motivation speaker and English trainer in Basic Education department, in UTTAR PRADESH



Expert talk on Emotional Intelligence held on 15th July 2020

Press Esc to exit full screen

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY

Muksar Road, Bathinda, Punjab (India)

Women Development Cell

Organized

NATIONAL WEBINAR

on

**EMOTIONAL INTELLIGENCE IS A CHALLENGE OR
OPPORTUNITY FOR WOMEN EMPOWERMENT**



Join Webinar on
Microsoft Teams



E-Certificate will be provided after successfully attending the entire Webinar

PANELIST



Akansha Saxena

English trainer in Basic education department
Motivation speaker and counsellor

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Expert talk on Emotional Intelligence held on 15th July 2020

Polycystic ovarian disease (PCOD)

Date: 17 July 2020

Resource Person: Dr. Ritu Garg (Gynaecologist)

Event Coordinator: -Dr. Nimisha Singh, coordinator women development cell.

BABA FARID COLLEGE
OF ENGINEERING & TECHNOLOGY
Muktsar Road, Bathinda, Punjab (India)

MAX
HEALTHCARE

**A Webinar on
Poly Cystic Ovarian
Disease (PCOD)**

Women Development Cell invites you to
attend the webinar led by

**Dr. Ritu Garg**
Consultant (Gynecology)
Max Super Speciality Hospital, Bathinda

Friday, 17th July 2020 at 11:00 am
Webinar Joining Link
<https://bit.ly/3ez3JyF>
on


BABA FARID
GROUP OF INSTITUTIONS
Bathinda, Punjab (India)

Stay Safe, Stay Vigilant and Don't Panic !

Seminar on Polycystic ovarian disease (PCOD) held on 17 July 2020

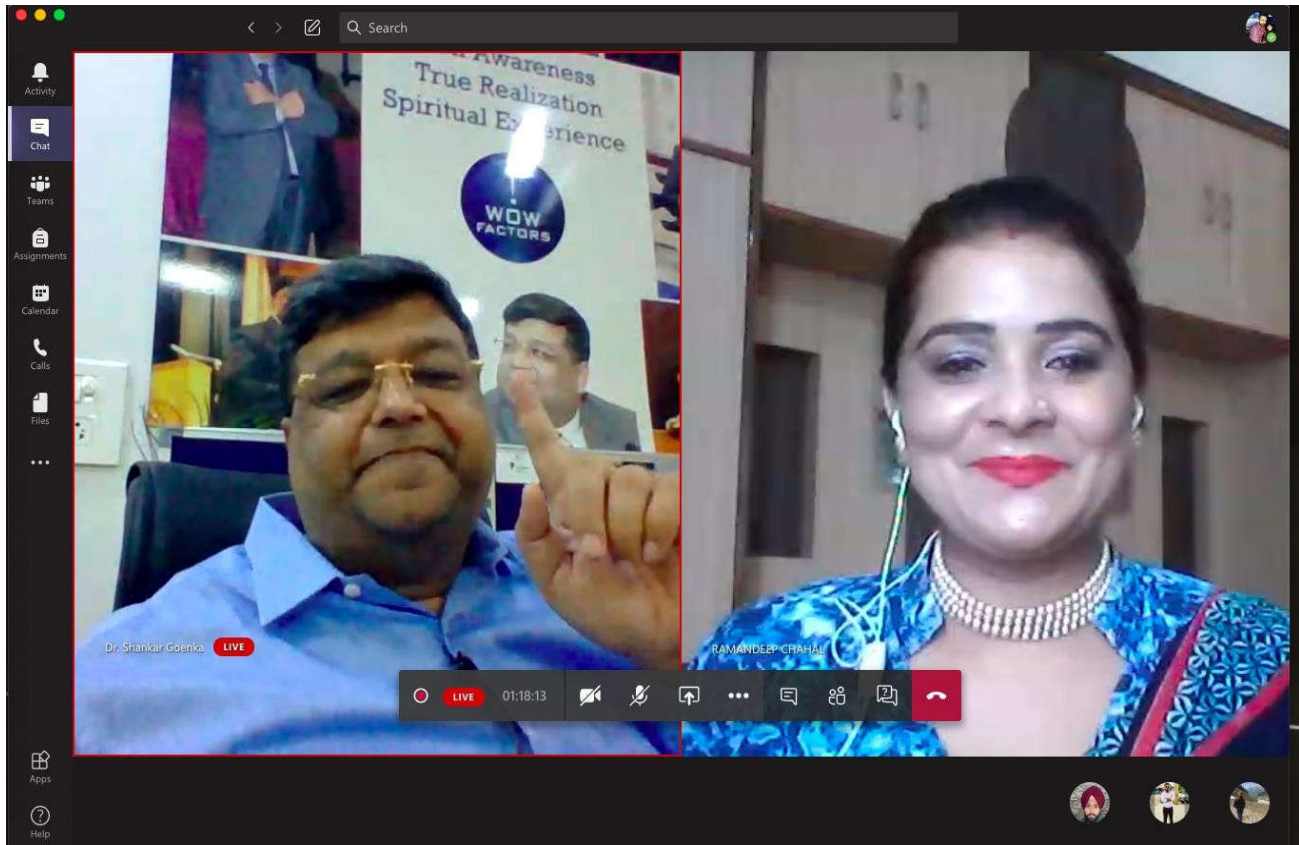
WEBINAR REPORT

Name of the Webinar:- Importance Of Human Values & Professional Ethics

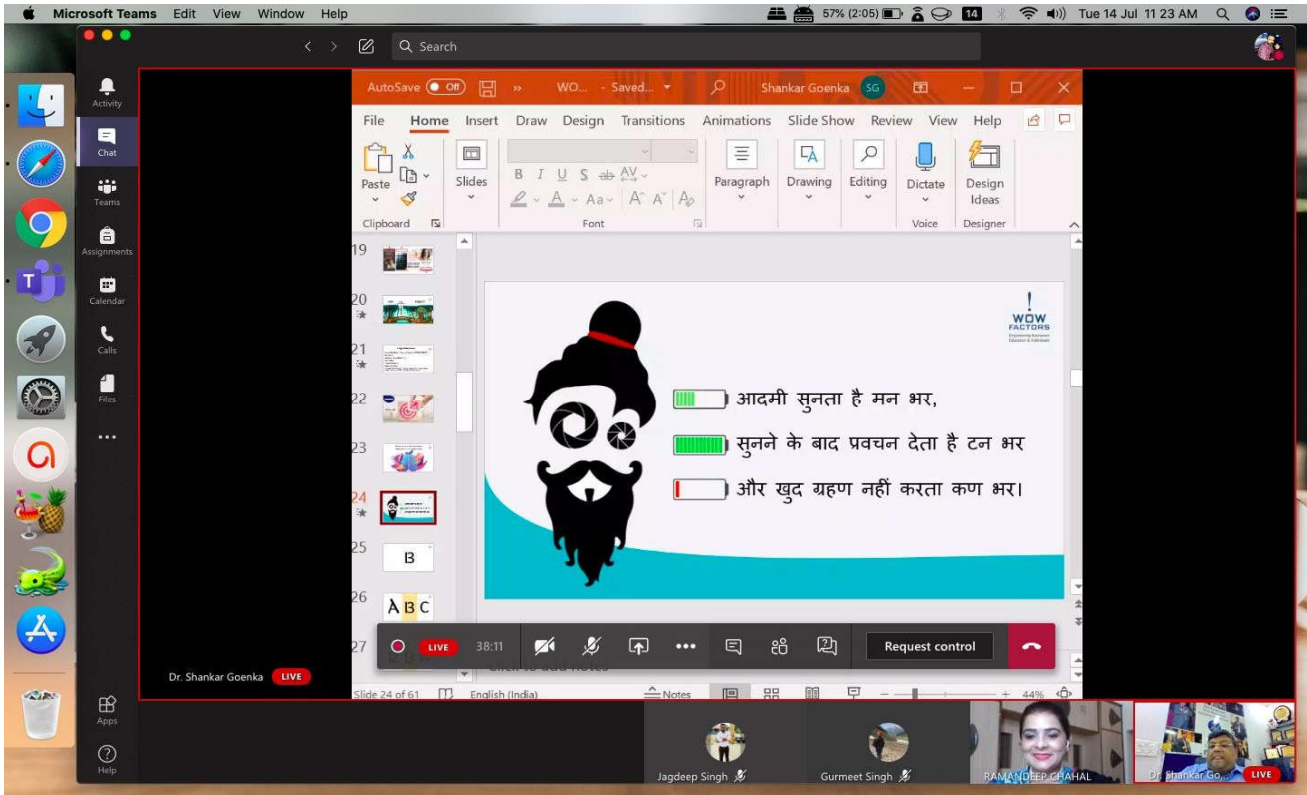
Date of the Webinar:- July 23, 2020

Organized By: NSS/NCC Unit & Department of Social Welfare, BFCET

Resource Person: Dr. Shankar Goenka (Renowned Author, Coach, TEDx Speaker & Certified Master Trainer)



Importance Of Human Values & Professional Ethics held on July 23, 2020



Importance Of Human Values & Professional Ethics held on July 23, 2020

षाषा ढर्रीद कालस आढ इंसिनीअरिंग अँड टैकनॉलॉजी ने 'मनुषी कदर' कीमतां अउे पेस्रेवर नैतिकता दी सहुँतता' षारे इँक रास्रटी वैषीनार कदवाएआ

षठिंडा, 22 जुलाएी (अ.न.स.)-साडीआं कदरों कीमतां महुँतवपूरन हन किउकि इह सारु विकास अउे ढविँध नुँ षटाउिँट विँच साडी सहाइता करदीआं हन। जदों असीं ढूसले लैट लदी आपटीआं कदरों-कीमतां दी वरतों करदें हां तां असीं इंस गॉल तें षास षिआन केंदरिड करदें हां कि साडी लदी की महुँतवपूरन है। साडीआं कदरों-कीमतां साडी विचारों, षसदां अउे काजसों षारे दंसदीआं हन। इँक विदआरषी नुँ सकारतमिक रवँदीए नुँ रँधन करन दी सुरुत हुँदी है किउकि इह उंस लदी सिखलाएी दे षिउतर मेके पँदा करन विँच मसद करदा है। षाषा ढर्रीद कालस आढ इंसिनीअरिंग अँड टैकनॉलॉजी, षठिंडा दे नैतिक अउे पृढावसाली कारपरेट लीडर पँदा करन दे दिस्रटीकेंट नुँ षिआन विँच रँध के कालस दे अँन.अँस.अँस./अँन.सी.सी. यूनिट अउे सँसल वॉलवैअर विढाग वॉल 'मनुषी कदरों कीमतां अउे पेस्रेवर



नैतिकता दी महुँतता' षारे इँक रास्रटी सैमीनार सफलतापूरवक करवाएआ गिआ। इंस वैषीनार विँच पुरिँप लेखक, केंच, टी.एी.डी.अँकस बुलारे अउे पुमाटिड मासटर टरेनर ढा. सँकर गौइनका ने मुँध बुलारे वसों सिरकत कीती। षाषा ढर्रीद कालस आढ इंसिनीअरिंग अँड टैकनॉलॉजी दे 121 विदआरषीआं अउे ढैकलटी मेस्ररों तें इलावा 22 राजसों दे 280 तें वँध हास्ररीन ने इंस वैषीनार विँच माएीकरेसाढट टीमस्र रागुँी स्रुलीअत कीती। ढा. गौइनका ने विदआरषीआं

नुँ जीवन दे टीचे अउे सिपातां नुँ निरपारिड करन अउे उनुं टीचिआं नुँ पुापड करन लदी सस्रत मिहनत करन लदी पुरिआ। सकारतमिक रवँदीआ इँक विअकती नुँ कदी वंगों नाल सहाइता कर सकदा है। इह इँक विअकती नुँ विस्रवास वॉल ले जांदा है अउे सिंदगी विँच चंगीआं चीसां दी ढाल विच सहाइता करदा है। इह इँक नवीन दिस्रटीकेंट लिआउिँदा है जे विस्रव दे सारे अंडरों नुँ तिआर कर सकदा है। उंस ने जेरे दे के किहा कि सकारतमिक सेंच दी सहाइता नाल

इँक विदआरषीआपटीआं सभरेंषावां दी पडचल करन दे जेग हुँदा है अउे उंस दा इह रवँदीआ उंस दे साषीआं नुँ वीउतस्रगिड करदा है। वैषीनार दे दोरान उनुं नुँ कारपरेट अउे अकादमिक सँसार विँच केमकाजी जीवन, रेस्राना जीवन अउे सँसबा विँच अषिआतमिकता नाल जूडे नैतिक मुँदिआं अउे दुचिँतीआं षारे विचार वटांदरा कीता। अंड विँच उनुं नुँ वँध-वँध हास्ररीन वॉल पुरिँ गदे पुसनां दे जवाष वी दिँते। इंस वैषीनार दी संचालक इँज. रमनदीप चागल (सहाइक पुँढैस, कँपिउिँटर साइंस अँड इंसिनीअरिंग) ने सभरें वैषीनार दा संचालन षास्रुषी कीता। षी.अँड.सी.आएी. दे चेअरमेन ढा. गुरमीत सिंघ पालीवाल अउे कालस दे पुरिँसीपल ढा. मनीष गौइल ने अँन.अँस.अँस./अँन.सी.सी. यूनिट अउे सँसल वॉलवैअर विढाग दे इंस उंपराले दी ढरपूर सलाषा कीती।

Webinar on Eye Care

Date: 24th July, 2020

Resource Person: Dr. Kashish Gupta

Event Coordinator: Er. Navjot Singh, Coordinator NSS/NCC Unit, BFCET

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY
Muktsar Road, Bathinda, Punjab (India)

MAX HEALTHCARE

A WEBINAR ON EYE CARE

NSS/NCC Unit & Department of Social Welfare invites you to attend the webinar led by

**Dr. Kashish Gupta**
MD-Ophthalmology
Max Super Speciality Hospital
Bathinda

Friday, 24th July 2020 at 11:00 am

You can join the Meeting
CLICK HERE
<https://bit.ly/3fL5U3L>

on  Microsoft Teams

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Muktsar Road, Bathinda, Punjab (India)

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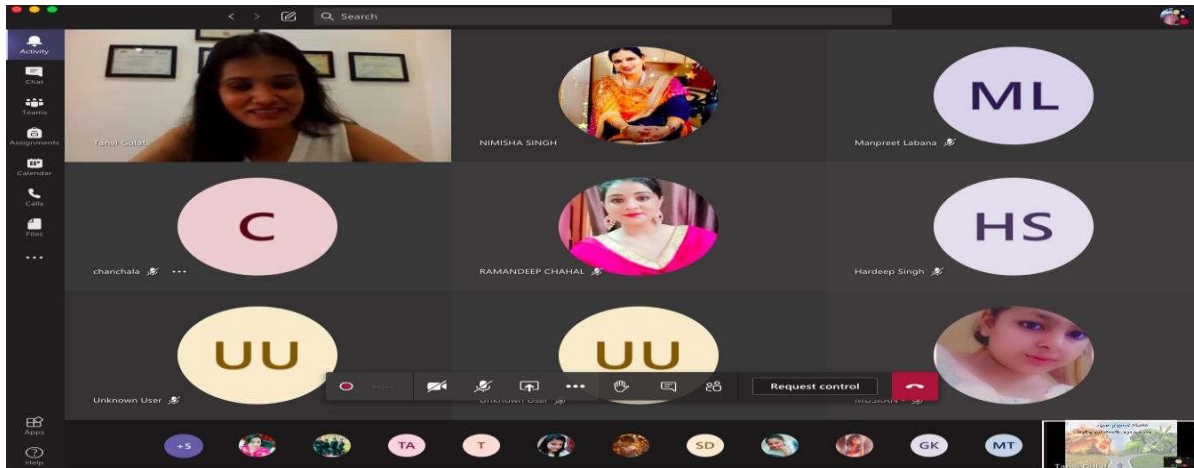
Webinar on Eye Care held on 24th July, 2020

REPORT ON Role of balanced Nutrition in Women life

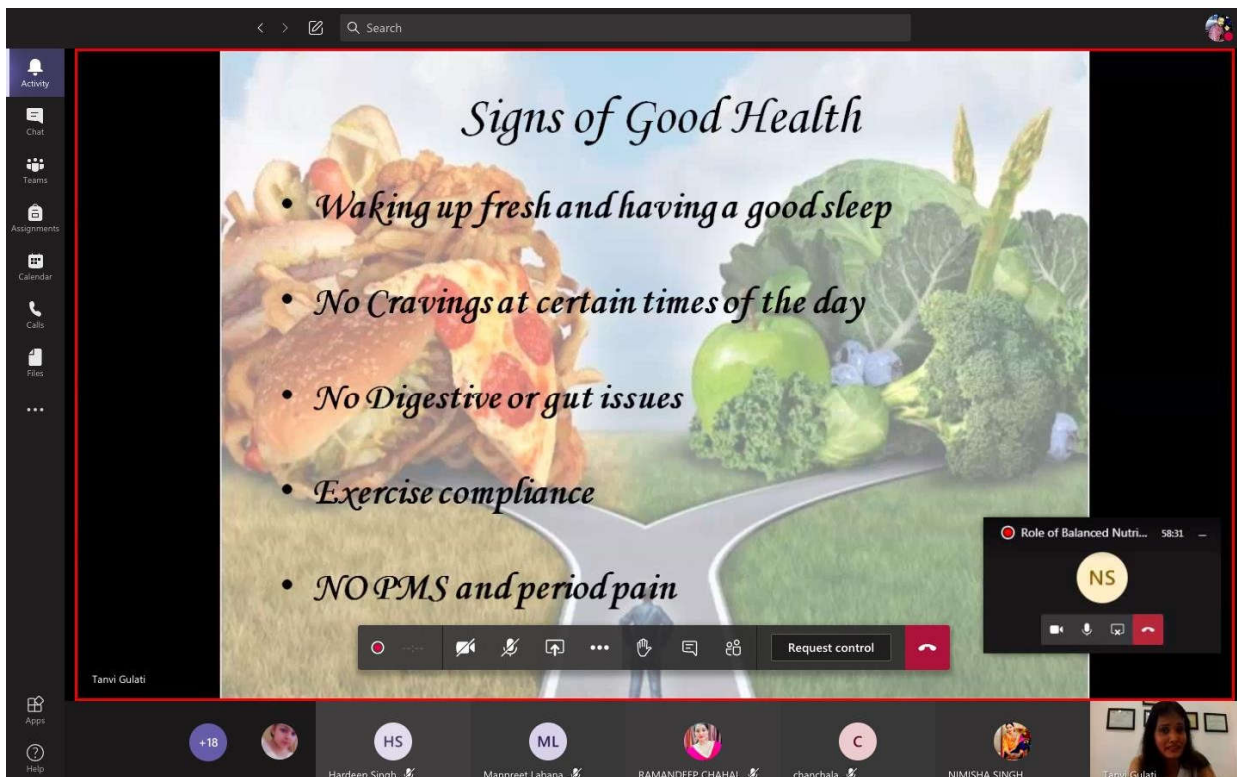
Date: 7 Aug 2020

Resource Person: Dr. Tanvi Gulati

Event Coordinator: -Dr. Nimisha Singh, Co-ordinator Women Development Cell.



Participants in Webinar



Role of balanced Nutrition in Women life held on 7 Aug 2020

Webinar on Zumba for life: Your way to health and fitness

Date of Webinar: 19th October, 2020

Course: B. Tech (CSE, CE, ME, EE)

Name of Resource Person: ZIN Aarti Maheshwari, Fit India Ambassador, Skill India Certified, Fitness Trainer, International Zumba and Aqua Zumba, Kid Zumba Instructor

The poster is for a webinar organized by Baba Farid College of Engineering & Technology. It features a green and yellow color scheme. The main title is 'ZUMBA FOR LIFE: YOUR WAY TO HEALTH & FITNESS'. The panelist is ZIN Aarti Maheshwari, who is also a Fit India Ambassador, Skill India Certified Fitness Trainer, International Zumba, Aqua Zumba, and Kid Zumba Instructor. The webinar is held on Microsoft Teams on October 19th, 2020, from 10:00am to 11:00am. Contact numbers and the hashtag #StayHome #StaySafe are provided at the bottom.

BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY
Muktesar Road, Bathinda, Punjab (India)

Organizes
WORKSHOP
on
ZUMBA FOR LIFE: YOUR WAY TO HEALTH & FITNESS

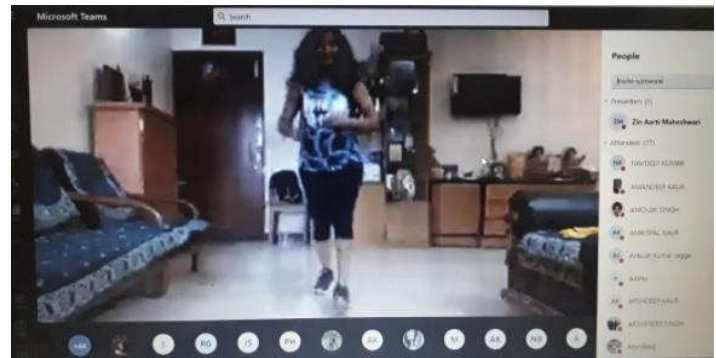
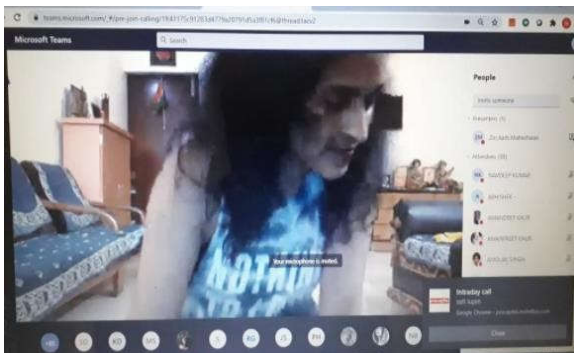
Panelist
ZIN Aarti Maheshwari
Fit India Ambassador, Skill India Certified
Fitness Trainer, International Zumba,
Aqua Zumba, Kid Zumba Instructor

Join Webinar on
Microsoft Teams

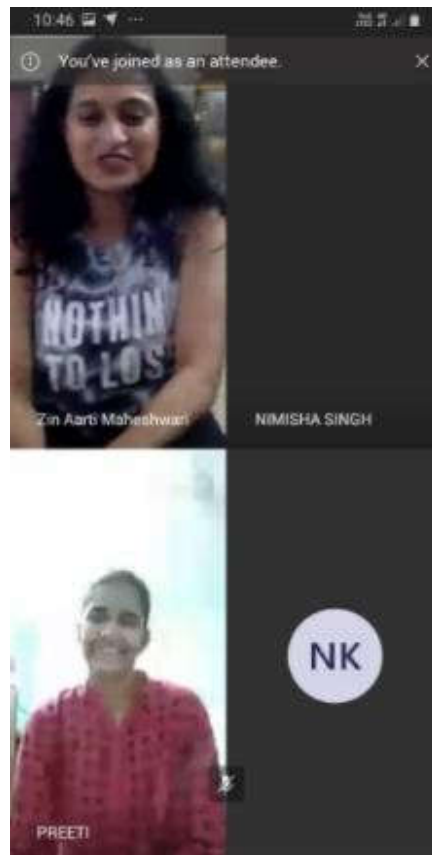
BABA FARID GROUP OF INSTITUTIONS
Bathinda, Punjab (India)

Date & Time: 19th October, 2020 | 10:00am to 11:00am

For query contact: 9501115438, 9501115491, 9501115422, 9501115465
#StayHome #StaySafe



Webinar on Zumba for life: Your way to health and fitness held on 19th October, 2020



Webinar on Zumba for life: Your way to health and fitness held on 19th October, 2020

Report on Lifestyle with Yoga as Regular Habit

Date of Event: 17th November 2020

Name of Faculty Accompanying: Er. Sunil Nagpal and Er. Navjot Singh

Name of Contact Person in Industry: Dr. Jaswinder Singh

Department: Department of Computer Science Engineering,CE,ME,EE

Place of Event: Online (Through MS Teams)



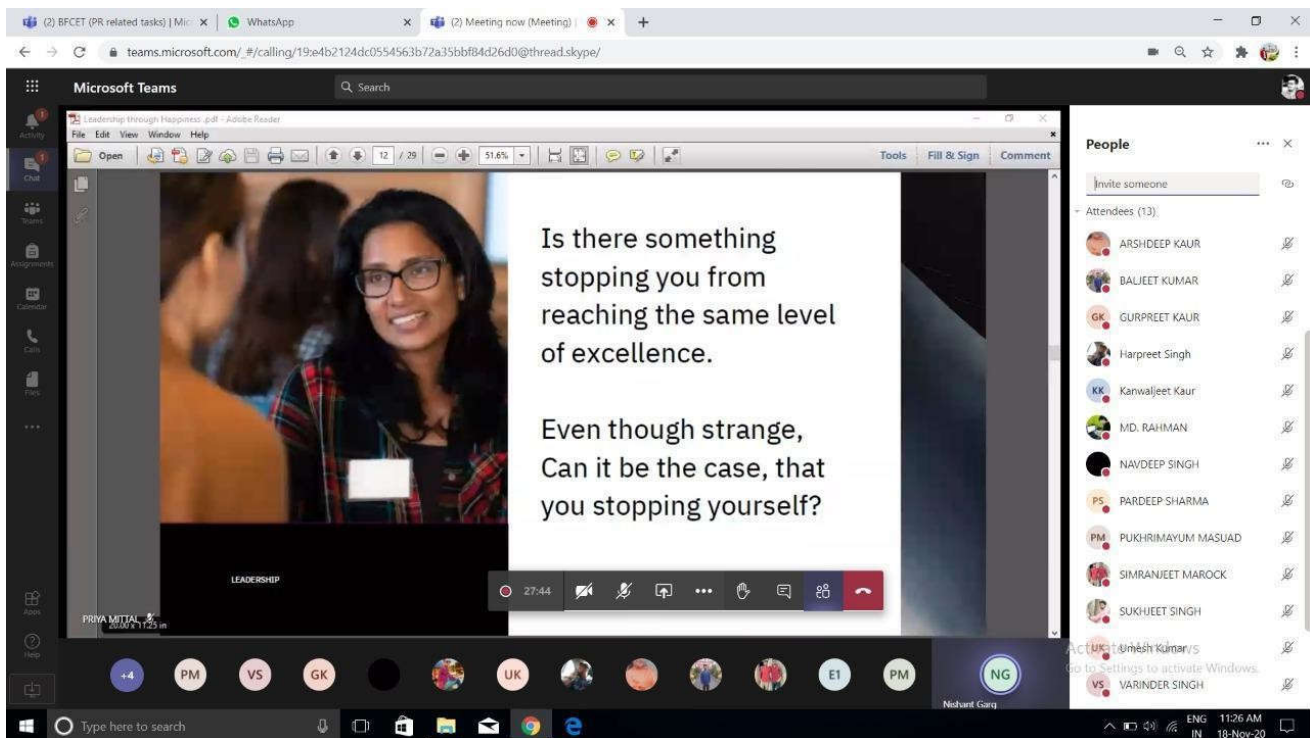
Photograph of the Lifestyle with Yoga as Regular Habit on 17th November 2020

Session 2020-21
Report on
‘Leadership through happiness’ Today matters: The master plan of your life through ~Design thinking

Date of Webinar: 18th November, 2020

Program: Civil Engineering

Name of Resource Person: Nishant Garg, Founder Emotional Intelligence (online website), IIM-L Scholar, Mythology storyteller



‘Leadership through happiness’ Today matters: The master plan of your life through ~Design thinking on 18th November, 2020



'Leadership through happiness' Today matters: The master plan of your life through ~Design thinking on 18th November, 2020

Report on Webinar on "Health And Nutrition"

Date of Webinar: 25th November, 2020

Mode: Online (Microsoft Teams)

Name of Resource Person: Mr. Mahinder Singh Shanty, Certified Coach, Diet & Fitness Consultant.

**BABA FARID COLLEGE
OF ENGINEERING & TECHNOLOGY**
Muktsar Road, Bathinda, Punjab (India)
Department of Electrical Engineering
ELECTRO INFINITY Club & NECESS Club

Organized
WEBINAR
on
HEALTH AND NUTRITION

Date: 25th November, 2020
Time: 12:30 PM onwards

Join on
Microsoft Teams

Panelist:
Mr. Mahinder Singh Shanty
Certified Coach, Diet & Fitness Consultant

For more Information Contact - 9501115491, 435

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Webinar on Health And Nutrition on 25th November, 2020